



As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week, Bob Soeder and Mary Hrich offer this weekly dose of inspiration:

"God wants us to pray, and he wants to hear our prayers – not because we are worthy, but because he is merciful."

- Martin Luther

"Mercy is what moves us toward God, while justice makes us tremble in his sight."

- Pope Benedict XVI